

Base Menu Spreadsheet

Portion Values

Aug 27, 2019 thru Aug 30, 2019

Menu Name: ELEMENTARY BREAKFAST

Include Cost: No

Site:

Report Style: Detailed

Tuesday - 08/27/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
000650 PANCAKES MINI MAPLE	PKG	1	220	39.00
000651 PANCAKES MINI STRAWBERRY	PKG	1	220	40.00
001022 SYRUP PANCAKE	TBSP	1	46	12.06
Weighted Daily Average			1038	177.67
% of Calories				68.5%
Weekly Nutrient Guideline			350 - 500	

Wednesday - 08/28/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 27, 2019 thru Aug 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
000861 SCRAMBLED EGGS	1/2 CUP	1	312	7.88
Weighted Daily Average			864	94.49
% of Calories				43.7%
Weekly Nutrient Guideline			350 - 500	

Thursday - 08/29/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000504 BISCUIT SANDWICH	SANDWICH	1	420	27.00
Weighted Daily Average			972	113.61
% of Calories				46.8%
Weekly Nutrient Guideline			350 - 500	

Friday - 08/30/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
Weighted Daily Average			552	86.61
% of Calories				62.8%
Weekly Nutrient Guideline			350 - 500	

			Cals ¹ (kcal)	Carb (g)
Weighted Averages			856	118.10
% of Calories				55.2%

Base Menu Spreadsheet

Jefferson City School District

Portion Values

Aug 27, 2019 thru Aug 30, 2019

Nutrient	Menu Average	% of Cals	Weekly Target	% of Target	Shortfall	Overage	Missing Data	Error Messages (if any)
Calories	856		350-500	171%		356.00		Correction Required - Calories too High
Carbohydrate	118.10 g	55.2%						

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.